



**2009 TYR Masters Grand Prix – Chicago
Great Lakes Zone Championship
Short Course Meters
December 5th & 6th**

USMS Sanction # 219-015S

- The Event:* The proceeds from this event will support the University of Chicago swim team.
- The Series:* This meet is the finale of the TYR Masters Grand Prix Series. For more information on the series, visit www.TYRgrandprix.com. The Great Lakes Zone has also designated this event as their zone championship meet.
- Facility:* Competition will be held at Myers-McLoraine Pool in the Ratner Center at the University of Chicago. The facility is a 50-meter (set up as a 25 meter racing course), 9-lane, 2-meter deep pool operated at 80 F with electronic timing. There will be additional lanes available for warm-up during the meet. The natatorium is located at 5530 South Ellis Avenue, Chicago, IL 60637. Free parking is available in the Ellis Avenue Parking Garage. This facility has been measured in all competition lanes as required by 2009 USMS rules for top ten and records recognition.
- Eligibility:* Open to all registered Masters Swimmers holding a valid 2009 or 2010 USMS Card. For information on USMS registration visit www.usms.org/reg or contact Erik Van Etten by e-mail at Registrar@ilmsa.com. You must bring your USMS card to enter the facility.
- Rules:* 2009 USMS rules apply. All events are timed finals. There is a limit of five (5) individual events per day plus relays. Age is determined based on your age on as of December 31st 2009. Swimmers may enter both the 800 and the 1500.
- Online Entries:* The online entry system is available at www.TYRGrandPrix.com. The online entry deadline is December 2nd. You must enter by **November 25th** to receive the meet t-shirt.
- Paper Entries:* Paper entries must be received by Wednesday, November 25th. Late entries will not be accepted and there will be **no deck entries**. Make checks payable to the **Cardinal Swimming Booster Club**. Mail your meet entry, check and photocopy of your USMS Card to:

Mark Gill
2922 Riedling Drive
Louisville, KY 40206

The fee for the meet is \$45.00. This includes all the swimmer's events (no more than 5 per day) as well as the meet T-shirt. If you have any questions, contact Mark at mark.gill@usms.org or by phone at (480) 784-7112.

- Seeding:* All events will be pre-seeded (Women & Men separate) slowest to fastest. Due to time constraints, the 800 and the 1500 will be limited to three heats each and will be swum as a mixed event. This will be done on a first come first served basis. If you

register after the event is closed, we will attempt to notify you in advance. You must check in for the 800 and 1500 before the start of the day to avoid being scratched.

- Relays:* Relays will be deck seeded at the meet. There is no cost for relays.
- Scoring:* Top eight places within each age group and sex will score points: 9-7-6-5-4-3-2-1.
- Awards:* Individual high point awards will be given for the TYR Masters Grand Prix Series.
- Results:* Results will be posted online at www.TYRgrandprix.com.
- Social:* Saturday after the meet, we will meet at Medici of 57th for food and drink. Medici's is located at 1327 57th Street, just 6 blocks from the pool.
- Hotel:* The Midway Hotel Center has been selected as the meet hotel. It is actually a complex of seven hotels for you to choose from. Call (888) 643-4667. <http://www.midwayhotelcenter.com/index.cfm>
- Meet Director:* Mark Gill – mark.gill@usms.org
(480) 784-7112

Order of Events

Saturday – Warm up starts at 8:00 AM and the meet begins at 9:00 AM. There will be 20 minute warm-up period immediately after the 800 finishes.

Sunday – Warm up starts at 8:00 AM and the meet begins at 9:00.AM. There will be a 20 minute warm-up period immediately after the 1500 finishes.

Saturday's Events:

Order	Event
1	800 Free
	20 Minute warm-up
3-4	200 IM
5-6	100 Back
7-8	200 Breast
9-10	50 Fly
11-12	400 Free
13-14	100 IM
15-16	50 Breast
17-18	100 Free
19	200 W Medley Relay
20	200 M Medley Relay
21	200 X Medley Relay

Sunday's Events:

Order	Event
22	1500 Free
	20 Minute warm-up
23-24	200 Free
25-26	50 Back
27-28	100 Breast
29-30	200 Fly
31-32	50 Free
33-34	400 IM
35-36	100 Fly
37-38	200 Back
39	200 W Free Relay
40	200 M Free Relay
41	200 X Free Relay

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Registration Information (please print)

Last name _____ First name _____

USMS number _____ T-shirt size S M L XL XXL

Club _____ Team (if part of IM) _____

Phone (____)____-_____ Email _____

Date of Birth _____ Age on Dec 31st _____ Gender ____ M ____F

Emergency Contact Name _____ Phone Number _____

Entry Fee \$45 – payable to Cardinal Swimming Booster Club. Be sure to send a copy of your USMS card with this entry.

Saturday's Events:

Sunday's Events:

W M	Event	Entry Time	W M	Event	Entry Time
1	800 Free	____:____.____	22	1500 Free	____:____.____
3-4	200 IM	____:____.____	23-24	200 Free	____:____.____
5-6	100 Back	____:____.____	25-26	50 Back	____:____.____
7-8	200 Breast	____:____.____	27-28	100 Breast	____:____.____
9-10	50 Fly	____:____.____	29-30	200 Fly	____:____.____
11-12	400 Free	____:____.____	31-32	50 Free	____:____.____
13-14	100 IM	____:____.____	33-34	400 IM	____:____.____
15-16	50 Breast	____:____.____	35-36	100 Fly	____:____.____
17-18	100 Free	____:____.____	37-38	200 Back	____:____.____
19-21	200 Medley Relays	Enter at meet	38-41	200 Free Relays	Enter at meet

"I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters Swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHT TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS."

SIGNATURE _____