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Annual GRIN FALL CLASSIC

GRreater INdiana Masters Swimming (SCM) Oct. 31, Nov 1, 2009

Sanctioned by GRIN for USMS, Inc. Sanction Number: 169 S 13

Facility/Location: The IU Natatorium, "World's Fastest Pool," 901 W. New York St, Indianapolis 46202. The pool will be divided into two 25-meter courses for competition and warm-up. Parking is available in the adjacent garage.

Meet Conduct: 2009 USMS Rules will govern conduct of this short-course meters meet.

Warm-up/cool down: We reserve the right to move the cool down to the diving well and close the second 25 meter competition pool one hour after the conclusion of the 800/1500.

Saturday October 31: Warm-up starts 9 AM EDT. Competition starts at 10 AM.

Sunday November 1: Warm-up starts at 8 AM EST. Competition starts at 9 AM.

After the 800m and 1500m Free there will be a 20-minute warm-up with sprinting in designated lanes. In the event that no swimmer was in the last heat of the 800/1500, the 400 relay may begin in the competition pool while warm-ups continue in the other 25 meter pool.

Eligibility: All swimmers must be registered with USMS (proof required).

Swimmer's age is determined as of 12/31/09.

Seeding: All events will be timed finals. Swimmers will be seeded on basis of submitted times regardless of age. Men and Women may be seeded together. Entrants submitting "no time" may be placed in the slowest heat for that event. Heats will be swum from slow to fast.

Heats: Heat sheets will be posted around the deck.

Records: Swimmers attempting to set records during the meet should notify the Referee to assure that three official timers will be present.

Online entries: Available at www.TYRGrandPrix.com. Deadline is: Oct. 28, 2009.

Paper entries: information on bottom of entry. Paper entry deadline is: Oct. 23, 2009.

Awards: Ribbons will be given for 1st through 6th place. No awards for relays.

Relays: Relay cards may be obtained at the relay card pick-up table. Payment for relays must be submitted with the relay cards. **\$4 per relay** – cash or check. **NO REFUNDS.**

Entry Fee: \$40 flat fee if online registration (max. 10 individual events: 5 events on Sat.; 5 events on Sun.). \$45 for paper entries. No deck registration.

Relay entries/cards are due at the beginning of the event prior to the relay except for the 400 Medley relay which will be due by the conclusion of the 800 Free and the 400 Free Relay which will be due by the conclusion of the 1500 Free.



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CIRCLE YOUR EVENT NUMBER AND INDICATE YOUR SEED TIME:

Saturday Oct 31, 2009: Warm-up starts at 9 AM; meet starts at 10 AM (EDT).

Women Men Event (Short Course Meters) Seed Time

- 1 2 800 FREE Min. _____ sec _____.
- 20 minute break for warm-ups, starts and turns -----
- 3 4 400 MEDLEY RELAY (3 Men's Women's; 4 Mixed – Choose One) Deck Enter Only
- 5 6 200 FREE Min. _____ sec _____.
- 7 8 50 BACK Min. _____ sec _____.
- 9 10 100 FLY Min. _____ sec _____.
- 11 12 200 BREAST Min. _____ sec _____.
- 13 14 800 FREE RELAY (13 Men's/Women's; 14 Mixed – Choose One) Deck Enter Only
- 15 16 50 FREE Min. _____ sec _____.
- 17 18 400 IM Min. _____ sec _____.
- 19 20 50 FLY Min. _____ sec _____.
- 21 22 200 BACK Min. _____ sec _____.
- 23 24 200 FREE RELAY (Men's/Women's Only) Deck Enter Only
- 25 26 200 MIXED MEDLEY RELAY (Deck Enter Only)

Sunday Nov 1, 2009: Warm-up starts at 8 AM; meet starts at 9 AM (EST)

Women Men Event (Short Course Meters) Seed Time

- 27 28 1500 FREE Min. _____ sec _____.
- 20 minute break for warm-ups, starts and turns -----
- 29 30 400 FREE RELAY (29 Men's/Women's; 30 Mixed – Choose One) Deck Enter Only
- 31 32 200 IM Min. _____ sec _____.
- 33 34 100 BACK Min. _____ sec _____.
- 35 36 200 FLY Min. _____ sec _____.
- 37 38 100 BREAST Min. _____ sec _____.
- 39 40 400 FREE Min. _____ sec _____.
- 41 42 100 IM Min. _____ sec _____.
- 43 44 50 BREAST Min. _____ sec _____.
- 45 46 100 FREE Min. _____ sec _____.
- 47 48 200 MEDLEY RELAY (Men's/Women's Only) Deck Enter Only
- 49 50 200 MIXED FREE RELAY (Deck Enter Only)

\$40 Entry Fee (online)

\$45 Paper Entry Fee

Name (First & Last): _____ 2009-USMS # (attach copy).
Street: _____ City: _____ State: _____
____ Zip: _____ Gender: M or F Birth Date: ____/____/____ Age on Dec. 31,
2009: _____ Phone: () _____ TEAM: _____

I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician, I acknowledge that I am aware of all the risks inherent in Masters Swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING; UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS. Date _____ Signature _____

Paper Entries: Include a check payable to GRIN, your signed entry and a copy of your USMS card and mail it to : Cheryl Gettelfinger, 505 Lexington Blvd, Carmel, IN 46032. Contact Cheryl at cgettelfinger@earthlink.net regarding any questions. Emergency phone for Cheryl, 317-846-2727 before 8:00 P.M. EDT.