

MICHIGAN MASTERS SWIMMING
MEET INFORMATION
HOSTED BY WEST BLOOMFIELD HIGH SCHOOL

SANCTION: This meet is sanctioned by Michigan Masters Swimming as a *recognized* swim meet. Although we encourage you to register with Michigan Masters Swimming, you don't need to be registered to compete. USMS rules will govern all competition.

DATE: Sunday, November 15, 2009

LOCATION: West Bloomfield High School (4 ½ miles north of the I-696 freeway)
4925 Orchard Lake Rd.
West Bloomfield, MI 48323
248-865-6748 (Pool Phone) **School Fax #: 248-865-6756**
734-425-8953 (Home Phone)
Bob Crosby-Meet Manager Email: wbcoachbob@hotmail.com

FACILITY: West Bloomfield has a six lane, 25 yard pool, with two warm-up - swim-down areas. Our Incomar timing system with Colorado touchpads and a six lane read out board will be used.

Pool locker rooms will be available to use for changing, but **locker space is minimal**. It would be wise to bring your clothes and valuables with you on the pool deck.

TIME: Session 1 warm-up-7:15-7:45 A.M.
Session 1 will consist of the fastest 12 entries (2 heats) in the 1650 free and will begin at 7:45 A.M. **NO DECK ENTRIES FOR THE 1650!**
Session 2 warm-up-9:00-9:30 A.M.
Session 2 will begin at 9:30 A.M. (see enclosed page for order of events)

ENTRIES: **Each competitor may enter a maximum of 5 events.** Swimmers should mail all entries to:

Bob Crosby-Swim Coach AT THE ABOVE ADDRESS

Or you may fax them in to: **248-865-6756** (attn. Bob Crosby)

ENTRY DEADLINE IS THURSDAY, November 12th BY 3 PM.

If you are not able to mail or fax in your entries ahead of time, there will be on deck registration from 8:00-9:00 A.M. **NO DECK ENTRIES FOR THE 1650 FREE!** **PLEASE USE THE ENCLOSED ENTRY BLANK.**

ENTRY FEE: \$23 for entries received in the mail by the above deadline. For any entries received by fax, the entry fee is \$25, or for deck entries, the fee is \$28. Make all checks payable to **WEST BLOOMFIELD HIGH SCHOOL**. *It became necessary for us to increase entry fees, due to custodial costs that must be paid to host the meet on a Sunday.*

POT LUCK: Included with your entry fee will be a post meet pot luck dinner. The meal will be supplied by the West Bloomfield Girls swimming and diving parents.

ALL PROCEEDS FROM THE MEET WILL GO TO SUPPORT WEST BLOOMFIELD SWIMMING AND DIVING! PLEASE SPREAD THE WORD ABOUT THIS MEET.

MICHIGAN MASTERS SWIM MEET HOSTED BY WEST BLOOMFIELD HIGH SCHOOL

ENTRY BLANK FOR _____ AGE _____ SEX: M F

USMS # _____ NOT REGISTERED WITH USMS _____

Although we encourage everyone to be a USMS member, you do not need to be registered with USMS to participate in the meet.

PHONE # 1 _____ PHONE # 2 _____

EVENT #	EVENT	SEED TIME
WARM-UP 7:15-7:45 A.M.		
SESSION 1 - BEGINS AT 7:45 A.M.		
1	1650 FREE	
NO DECK ENTRIES IN THE 1650		
WARM-UP 9:00-9:30 A.M.		
SESSION 2 - BEGINS AT 9:30 A.M.		
2	200 BACK	
3	50 FLY	
4	200 IM	
5	50 BREAST	
6	200 FREE	
7	50 BACK	
8	100 FLY	
9	200 BREAST	
10	50 FREE	
11	400 IM	
12	100 FREE	
13	200 FLY	
14	100 BACK	
15	100 BREAST	
16	100 IM	
17	500 FREE	

For Meet Manager only:

Received on _____

Check # _____

Fax _____

**PLEASE LIST YOUR SEED TIMES IN THE EVENTS YOU WOULD LIKE TO ENTER.
REMEMBER, LIMIT OF 5 EVENTS!**

MAKE CHECKS PAYABLE TO: WEST BLOOMFIELD HIGH SCHOOL

Mail your entry to:
 Bob Crosby
 West Bloomfield High School
 4925 Orchard Lake Rd.
 West Bloomfield, MI 48323

Or you may fax your entry to: **248-865-6756 - Attention-Bob Crosby**