

WOMEN

MICHIGAN MASTERS RECORDS - WOMEN - AS OF 12-31-09									
WOMEN 19-24	Short Course Yards			Short Course Meters			Long Course Meters		
50 free	Dianne Johnson	2003	:24.65	Marlana Verbeck	2002	:28.37	Melinda Mann	1981	:28.79
100 free	Melissa Marshall	2005	:55.02	Jessica Santo	1997	1:03.78	Melinda Mann	1980	1:03.57
200 free	Erin McIntyre	2005	1:56.09	Jessica Santo	1997	2:21.71	Melinda Mann	1980	2:19.98
400/500 free	Claire Letendre	2007	5:06.50	Jill Murany	1996	5:13.19	Jill Murany	1996	5:15.26
800/1000 free	Claire Letendre	2007	10:36.69	Jill Murany	1998	10:43.87	Jill Murany	1997	10:48.05
1500/1650 free	Sarah Aterburn	1985	18:58.64	Jill Murany	1998	20:08.88	Jill Murany	1997	20:42.54
50 back	Stefanie Kerska	1992	:28.78	Nicole Wengrofsky	1990	:33.30	Jennifer Turnbull	1996	:35.86
100 back	Melissa Marshall	2005	1:02.57	Nicole Wengrofsky	1990	1:13.14	Jennifer Turnbull	1996	1:17.98
200 back	Melissa Marshall	2005	2:15.00	Nicole Wengrofsky	1990	2:39.18	Jennifer Turnbull	1996	2:46.82
50 brst	Corrin Convis	1989	:32.53	Monica Bullard	1996	:37.21	Melinda Mann	1981	:37.43
100 brst	Corrin Convis	1989	1:08.82	Monica Bullard	1996	1:22.09	Melinda Mann	1981	1:22.88
200 brst	Corrin Convis	1989	2:29.11	Monica Bullard	1996	2:55.84	Melinda Mann	1980	2:59.72
50 fly	Wendy Hudson	1998	:27.28	Marlana Verbeck	2002	:31.14	Melinda Mann	1981	:31.19
100 fly	Erin McIntyre	2005	:59.08	Alissa Gowing	1996	1:10.14	Melinda Mann	1981	1:09.43
200 fly	Claire Letendre	2007	2:12.91	Jacqueline Yu	2001	3:39.68	Tracy Peck	1990	2:50.35
100 IM	Corrin Convis	1989	1:01.53	Alissa Gowing	1996	1:13.59			
200 IM	Erin McIntyre	2005	2:12.05	Kerry Henault	1996	2:42.05	Melinda Mann	1981	2:38.11
400 IM	Erin McIntyre	2006	4:42.35	Victoria Webber	1998	6:42.38	Melinda Mann	1980	5:48.10
WOMEN 25-29	Short Course Yards			Short Course Meters			Long Course Meters		
50 free	Dianne Johnson	2004	:23.91	Dyne Burrell	1996	:26.64	Melinda Mann	1983	:27.38
100 free	Dyne Burrell	1995	:52.54	Sheila Taormina	1996	:56.30	Sheila Taormina	1995	:57.76
200 free	Dyne Burrell	1995	1:56.22	Sheila Taormina	1996	1:59.78	Sheila Taormina	1995	2:02.06
400/500 free	Sheila Taormina	1996	4:49.88	Sheila Taormina	1996	4:24.18	Sheila Taormina	1995	4:13.03
800/1000 free	Shelly Schafer	1994	10:53.61	Sheila Taormina	1996	8:51.18	Shelly Schafer	1994	9:45.10
1500/1650 free	Shelly Schafer	1994	17:58.19	Sheila Taormina	1996	16:36.07	Sheila Taormina	1995	17:27.96
50 back	Brighid Dwer	2005	:27.65	Barb Church	1982	:33.22	Dyne Burrell	1996	:32.78
100 back	Julie Moody	1998	1:00.60	Julie Moody	1998	1:10.87	Julie Moody	1998	1:12.76
200 back	Julie Moody	1998	2:12.79	Dyne Burrell	1996	2:30.34	Julie Kern	2007	2:40.18
50 brst	Alissa Davies	2006	:30.41	Melissa Bissett	2004	:37.96	Melinda Mann	1983	:35.80
100 brst	Kelli Stein	2007	1:06.98	Corrin Convis	1992	1:19.28	Corrin Convis	1992	1:19.31
200 brst	Corrin Convis	1991	2:25.23	Corrin Convis	1992	2:51.41	Corrin Convis	1992	2:53.85
50 fly	Brighid Dwer	2005	:26.72	Sheila Taormina	1996	:28.68	Ann Jablonowski	2001	:30.15
100 fly	Brighid Dwer	2005	:59.30	Sheila Taormina	1996	1:01.33	Sheila Taormina	1995	1:03.67
200 fly	Miriam Carlson	2004	2:15.29	Sheila Taormina	1998	2:25.73	Sheila Taormina	1995	2:17.51
100 IM	Corrin Convis	1991	1:00.09	Corrin Convis	1992	1:10.38			
200 IM	Corrin Convis	1991	2:10.94	Tobi Limke	2001	2:38.06	Corrin Convis	1992	2:33.78
400 IM	Corrin Convis	1990	4:41.28	Corrin Convis	1992	5:30.43	Bethany Williston	1996	5:34.01
WOMEN 30-34	Short Course Yards			Short Course Meters			Long Course Meters		
50 free	Dyne Burrell	1997	:23.97	Mary Mueting	1996	:28.19	Corrin Popp	1996	:28.70
100 free	Dyne Burrell	1997	:52.97	Mary Mueting	1996	1:00.90	Corrin Popp	1996	1:03.15
200 free	Sheila Taormina	1999	1:53.40	Dawn Hewitt	1997	2:22.92	Dawn Hewitt	1997	2:22.61
400/500 free	Sheila Taormina	1999	5:06.27	Dawn Hewitt	1997	4:58.41	Dawn Hewitt	1998	5:07.09
800/1000 free	Sheila Taormina	1999	10:32.11	Pat Leahy-Rohner	1992	10:35.50	Dawn Hewitt	1998	10:14.78
1500/1650 free	Shelly Schafer	1998	18:04.98	Pat Leahy-Rohner	1992	20:08.91	Pat Leahy-Rohner	1993	20:24.80
50 back	Dyne Burrell	1997	:28.26	Ann Stacy	2000	:33.98	Barb Church	1983	:32.42
100 back	Dawn Hewitt	1998	1:00.90	Dawn Hewitt	1997	1:10.86	Dawn Hewitt	1996	1:12.15
200 back	Dawn Hewitt	1998	2:12.59	Monica Tory	2005	2:42.88	Dawn Hewitt	1998	2:33.89
50 brst	Melinda Mann	1990	:32.67	Julie Zappone	1996	:38.79	Leslie Wetzel	1988	:37.00
100 brst	Corrin Convis	1995	1:08.87	Christine Hafner	2009	1:22.33	Corrin Popp	1996	1:21.33
200 brst	Corrin Convis	1995	2:30.96	Christine Hafner	2009	2:58.94	Leslie Wetzel	1988	3:06.16
50 fly	Mary Mueting	1995	:27.32	Mary Mueting	1996	:31.02	Dawn Hewitt	1997	:31.36
100 fly	Wendy Sanders	2009	1:01.51	Nordine Mataya	1996	1:14.76	Dawn Hewitt	1997	1:11.65
200 fly	Wendy Sanders	2009	2:20.92	Petra Severit	2004	2:57.98	Dawn Hewitt	1997	2:41.85
100 IM	Corrin Convis	1995	1:01.59	Christine Hafner	2009	1:13.40			
200 IM	Sheila Taormina	1999	2:11.49	Christine Hafner	2009	2:36.43	Dawn Hewitt	1998	2:40.37
400 IM	Sheila Taormina	1999	4:44.10	Christine Hafner	2009	5:40.29	Dawn Hewitt	1998	5:44.54

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MICHIGAN MASTERS RECORDS - WOMEN - AS OF 12-31-09									
WOMEN 35-39	Short Course Yards			Short Course Meters			Long Course Meters		
50 free	Nancy Servo	1998	:25.86	Pascale Asbury	1996	:28.96	Catherine Stidwill	1988	:29.22
100 free	Corrin Popp	2004	:55.14	Nancy Servo	1996	1:05.58	Catherine Stidwill	1988	1:03.01
200 free	Susan Dombkowski	2006	1:58.82	Marilyn Early	1996	2:24.36	Catherine Stidwill	1988	2:21.19
400/500 free	Susan Dombkowski	2006	5:14.45	Andrea Funk	2000	5:02.86	Catherine Stidwill	1988	5:00.81
800/1000 free	Susan Dombkowski	2006	10:37.13	Andrea Funk	1999	10:33.11	Catherine Stidwill	1988	10:18.74
1500/1650 free	Susan Dombkowski	2006	17:41.95	Andrea Funk	1999	19:59.23	Andrea Funk	1999	20:21.84
50 back	Andrea Funk	1999	:31.07	Andrea Funk	1999	:35.99	Andrea Funk	1999	:35.64
100 back	Sue Cahill	2000	1:05.48	Andrea Funk	1999	1:16.83	Andrea Funk	1999	1:16.67
200 back	Sue Cahill	2000	2:18.73	Andrea Funk	1999	2:44.84	Andrea Funk	1999	2:45.11
50 brst	Leslie Wetzel	1989	:30.85	Leslie Wetzel	1989	:34.63	Leslie Wetzel	1989	:34.41
100 brst	Leslie Wetzel	1989	1:07.58	Leslie Wetzel	1989	1:16.70	Leslie Wetzel	1990	1:17.44
200 brst	Leslie Wetzel	1990	2:30.97	Leslie Wetzel	1989	2:50.93	Leslie Wetzel	1989	2:54.85
50 fly	Corrin Popp	2004	:29.18	Marilyn Early	1996	:33.20	Peggi Wirth	1980	:33.42
100 fly	Sue Cahill	1999	1:03.89	Marilyn Early	1996	1:16.78	Peggi Wirth	1980	1:13.72
200 fly	Barb Krause	1998	2:29.62	Marilyn Early	1996	3:05.40	Carolyn Deluca	1978	3:05.51
100 IM	Sue Cahill	1998	1:05.26	Leslie Wetzel	1989	1:14.19			
200 IM	Corrin Popp	2004	2:16.58	Andrea Funk	1999	2:44.64	Corrin Popp	2002	2:38.46
400 IM	Sue Cahill	2000	4:46.83	Andrea Funk	2000	5:56.45	Alison Badger	2004	6:24.36
WOMEN 40-44	Short Course Yards			Short Course Meters			Long Course Meters		
50 free	Corrin Popp	2005	:25.08	Corrin Popp	2004	:30.02	Ann Urschel	1996	:29.92
100 free	Corrin Popp	2005	:54.48	Corrin Popp	2004	1:05.11	Susan Dombkowski	2006	1:04.52
200 free	Corrin Popp	2007	2:04.26	Corrin Popp	2004	2:24.49	Susan Dombkowski	2006	2:13.55
400/500 free	Denise Brown	2004	5:31.16	Karen Spaun	2004	5:14.90	Susan Dombkowski	2006	4:36.26
800/1000 free	Denise Brown	2004	11:16.27	Andrea Funk	2003	10:50.22	Susan Dombkowski	2006	9:36.13
1500/1650 free	Denise Brown	2004	19:01.07	Karen Spaun	2004	20:43.05	Lynne Weir	1984	21:58.52
50 back	Marilyn Early	1998	:30.96	Andrea Funk	2003	:37.36	Evelyn Lynch	1996	:35.18
100 back	Marilyn Early	1998	1:05.64	Marilyn Early	1998	1:17.68	Evelyn Lynch	1996	1:17.16
200 back	Marilyn Early	1998	2:26.05	Andrea Funk	2003	2:50.65	Kerry Frame	2008	3:00.27
50 brst	Corrin Popp	2005	:31.95	Corrin Popp	2004	:38.15	Nancy Servo	2002	:41.05
100 brst	Corrin Popp	2005	1:07.91	Corrin Popp	2004	1:21.30	Alison Badger	2006	1:29.79
200 brst	Corrin Popp	2005	2:28.69	Corrin Popp	2004	2:58.71	Barb Dreher	1984	3:24.51
50 fly	Corrin Popp	2007	:28.65	Mary Muetting	2009	:34.49	Nancy Servo	2002	:34.35
100 fly	Denise Brown	2004	1:06.95	Sherry Puthoff	1992	1:18.28	Kerry Frame	2008	1:22.64
200 fly	Denise Brown	2004	2:31.26	Susan Weir	1998	3:18.37	Barb Dreher	1984	3:18.00
100 IM	Corrin Popp	2005	1:03.12	Corrin Popp	2004	1:14.35			
200 IM	Corrin Popp	2005	2:13.87	Corrin Popp	2004	2:40.64	Susan Dombkowski	2006	2:41.03
400 IM	Corrin Popp	2005	4:55.62	Andrea Funk	2003	6:10.83	Lynne Weir	1984	6:35.32
WOMEN 45-49	Short Course Yards			Short Course Meters			Long Course Meters		
50 free	Marilyn Early	2004	:26.76	Corrin Popp	2009	:30.06	Corrin Popp	2009	:29.58
100 free	Marilyn Early	2004	:57.88	Corrin Popp	2009	1:05.52	Corrin Popp	2009	1:04.86
200 free	Denise Brown	2009	2:06.74	Denise Brown	2007	2:24.43	Denise Brown	2004	2:23.93
400/500 free	Denise Brown	2006	5:27.57	Denise Brown	2007	4:55.67	Denise Brown	2005	4:58.05
800/1000 free	Denise Brown	2006	11:03.32	Denise Brown	2007	10:07.24	Denise Brown	2004	10:03.18
1500/1650 free	Denise Brown	2006	18:32.36	Denise Brown	2007	19:02.68	Denise Brown	2005	19:25.40
50 back	Evelyn Lynch	1998	:31.52	Marilyn Early	2002	:37.60	Marilyn Early	2003	:37.10
100 back	Evelyn Lynch	1998	1:07.14	Marilyn Early	2002	1:20.33	Marilyn Early	2003	1:21.09
200 back	Marilyn Early	2004	2:29.70	Marilyn Early	2004	2:54.45	Marilyn Early	2003	2:53.71
50 brst	Allyson Boyle	2009	:35.74	Corrin Popp	2009	:38.81	Corrin Popp	2009	:37.60
100 brst	Allyson Boyle	2009	1:18.46	Corrin Popp	2009	1:22.10	Corrin Popp	2009	1:20.99
200 brst	Suzanne Grebe	2009	3:00.35	Corrin Popp	2009	3:01.61	Corrin Popp	2009	2:59.47
50 fly	Marilyn Early	2007	:29.71	Marilyn Early	2005	:33.82	Corrin Popp	2009	:32.85
100 fly	Denise Brown	2005	1:08.12	Denise Brown	2007	1:19.17	Corrin Popp	2009	1:14.89
200 fly	Denise Brown	2009	2:24.98	Denise Brown	2007	2:53.63	Denise Brown	2006	2:49.84
100 IM	Marilyn Early	2006	1:09.59	Corrin Popp	2009	1:12.92			
200 IM	Denise Brown	2005	2:25.96	Corrin Popp	2009	2:37.53	Corrin Popp	2009	2:39.64
400 IM	Denise Brown	2005	5:05.28	Denise Brown	2007	5:58.15	Denise Brown	2004	5:50.86

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MICHIGAN MASTERS RECORDS - WOMEN - AS OF 12-31-09									
WOMEN 50-54	Short Course Yards			Short Course Meters			Long Course Meters		
50 free	Marilyn Early	2009	:26.81	Marilyn Early	2007	:29.32	Marilyn Early	2007	:30.76
100 free	Marilyn Early	2009	:58.41	Marilyn Early	2007	1:05.19	Marilyn Early	2009	1:07.57
200 free	Marilyn Early	2009	2:09.33	Denise Brown	2009	2:22.30	Denise Brown	2009	2:24.57
400/500 free	Marilyn Early	2009	5:51.80	Marilyn Early	2007	5:03.47	Denise Brown	2009	4:57.20
800/1000 free	Marilyn Early	2009	12:34.90	Denise Brown	2009	10:07.94	Denise Brown	2009	10:14.16
1500/1650 free	Marilyn Early	2009	20:58.21	Marilyn Early	2007	21:38.21	Denise Brown	2009	19:19.98
50 back	Marilyn Early	2009	:32.62	Marilyn Early	2007	:36.19	Marilyn Early	2009	:38.53
100 back	Marilyn Early	2009	1:10.22	Marilyn Early	2007	1:17.31	Marilyn Early	2007	1:24.50
200 back	Marilyn Early	2009	2:32.26	Denise Brown	2009	2:48.06	Denise Brown	2009	3:04.28
50 brst	Sherry Puthoff	2000	:38.79	Beverly Myers	1989	:45.61	Beverly Myers	1989	:46.15
100 brst	Sherry Puthoff	1998	1:24.94	Barbara Bos	2001	1:39.70	Sally Guthrie	2003	1:45.21
200 brst	Sherry Puthoff	2000	3:02.44	Sally Guthrie	2003	3:42.17	Sally Guthrie	2003	3:44.55
50 fly	Marilyn Early	2009	:29.59	Marilyn Early	2007	:32.97	Marilyn Early	2007	:37.25
100 fly	Sherry Puthoff	1998	1:12.58	Denise Brown	2009	1:17.56	Denise Brown	2009	1:20.56
200 fly	Sherry Puthoff	2002	2:57.71	Marilyn Early	2009	3:14.31	Denise Brown	2009	2:51.06
100 IM	Sherry Puthoff	1998	1:13.16	Marilyn Early	2007	1:16.18			
200 IM	Sherry Puthoff	1998	2:40.00	Marilyn Early	2007	3:01.77	Denise Brown	2009	3:05.58
400 IM	Sherry Puthoff	2001	5:49.00	Denise Brown	2009	5:55.16	Denise Brown	2009	6:03.09
WOMEN 55-59	Short Course Yards			Short Course Meters			Long Course Meters		
50 free	Sally Guthrie	2006	:28.72	Sally Guthrie	2007	:33.35	Sally Guthrie	2005	:33.50
100 free	Sally Guthrie	2005	1:03.80	Sally Guthrie	2005	1:13.38	Sally Guthrie	2005	1:13.66
200 free	Sally Guthrie	2006	2:20.28	Sally Guthrie	2006	2:40.73	Sally Guthrie	2005	2:43.57
400/500 free	Sally Guthrie	2005	6:26.12	Sally Guthrie	2005	5:46.02	Sally Guthrie	2005	5:48.19
800/1000 free	Sally Guthrie	2006	13:05.07	Sally Guthrie	2005	11:41.98	Sally Guthrie	2006	11:54.50
1500/1650 free	Sally Guthrie	2006	21:45.02	Sally Guthrie	2005	22:15.47	Sally Guthrie	2006	23:00.41
50 back	Barb Church	2009	:34.34	Sally Guthrie	2007	:42.50	Barb Church	2009	:37.31
100 back	Sherry Puthoff	2003	1:16.11	Beverly Myers	1994	1:33.45	Barb Church	2009	1:20.85
200 back	Sherry Puthoff	2003	2:40.48	Beverly Myers	1994	3:20.11	Bev Myers	1993	3:30.08
50 brst	Sherry Puthoff	2003	:38.77	Barbara Bos	2005	:45.98	Bev Myers	1991	:45.59
100 brst	Sherry Puthoff	2004	1:20.61	Barbara Bos	2005	1:41.34	Eva Pospisil	2002	1:43.10
200 brst	Sherry Puthoff	2006	3:01.96	Barbara Bos	2005	3:35.85	Sally Guthrie	2006	3:44.48
50 fly	Sherry Puthoff	2004	:31.89	Sally Guthrie	2006	:38.73	Sally Guthrie	2006	:39.18
100 fly	Sherry Puthoff	2004	1:11.59	Sherry Puthoff	2003	1:22.24	Sally Guthrie	2006	1:36.18
200 fly	Sally Guthrie	2005	3:03.58	Sally Guthrie	2006	3:36.67	Sally Guthrie	2005	3:34.06
100 IM	Sherry Puthoff	2004	1:12.20	Sherry Puthoff	2003	1:21.14			
200 IM	Sherry Puthoff	2003	2:42.42	Sally Guthrie	2006	3:16.22	Sally Guthrie	2005	3:16.43
400 IM	Sally Guthrie	2006	6:09.89	Sally Guthrie	2008	6:53.81	Sally Guthrie	2009	7:07.48
WOMEN 60-64	Short Course Yards			Short Course Meters			Long Course Meters		
50 free	Beverly Myers	1996	:31.93	Beverly Myers	1995	:37.65	Beverly Myers	1995	:38.31
100 free	Beverly Myers	1996	1:14.15	Beverly Myers	1997	1:24.37	Beverly Myers	1996	1:24.89
200 free	Beverly Myers	1996	2:45.88	Beverly Myers	1996	3:02.89	Beverly Myers	1995	3:12.53
400/500 free	Beverly Myers	1996	7:34.83	Beverly Myers	1997	6:33.78	Beverly Myers	1995	6:42.71
800/1000 free	Beverly Myers	1996	15:12.74	Beverly Myers	1996	13:30.24	Jennifer Parks	2006	13:30.35
1500/1650 free	Jennifer Parks	2008	25:23.82	Jennifer Parks	2006	26:24.15	Jennifer Parks	2007	26:17.51
50 back	Beverly Myers	1997	:38.60	Beverly Myers	1996	:43.57	Beverly Myers	1996	:45.23
100 back	Sherry Puthoff	2008	1:17.17	Beverly Myers	1995	1:37.83	Beverly Myers	1996	1:36.96
200 back	Sherry Puthoff	2008	2:49.42	Beverly Myers	1996	3:28.55	Beverly Myers	1995	3:35.45
50 brst	Beverly Myers	1996	:41.88	Beverly Myers	1996	:47.20	Beverly Myers	1995	:49.25
100 brst	Beverly Myers	1998	1:31.81	Beverly Myers	1996	1:43.47	Beverly Myers	1998	1:47.68
200 brst	Beverly Myers	1996	3:18.01	Beverly Myers	1997	3:41.92	Beverly Myers	1995	3:49.34
50 fly	Sherry Puthoff	2008	:34.33	Beverly Myers	1996	:42.66	Beverly Myers	1996	:43.67
100 fly	Joyce Kowalski	2003	1:42.40	Joyce Kowalski	2002	1:54.95	Joyce Kowalski	2002	1:59.97
200 fly	Lois Nochman	1989	3:44.51	Lois Nochman	1989	4:10.66	Lois Nochman	1989	4:25.02
100 IM	Sherry Puthoff	2008	1:18.16	Beverly Myers	1996	1:32.06			
200 IM	Beverly Myers	1996	3:00.53	Beverly Myers	1995	3:25.06	Beverly Myers	1996	3:31.83
400 IM	Jennifer Parks	2004	7:25.52	Jennifer Parks	2003	8:24.92	Shirley Dacey	1999	8:46.73

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MICHIGAN MASTERS RECORDS - WOMEN - AS OF 12-31-09									
WOMEN 65-69	Short Course Yards			Short Course Meters			Long Course Meters		
50 free	Beverly Myers	2002	:35.17	Beverly Myers	2000	:39.49	Beverly Myers	2000	:39.87
100 free	Beverly Myers	2002	1:19.49	Beverly Myers	2000	1:28.03	Beverly Myers	2000	1:32.94
200 free	Jennifer Parks	2009	2:59.58	Beverly Myers	2000	3:13.25	Beverly Myers	2000	3:19.33
400/500 free	Jennifer Parks	2009	7:58.39	Beverly Myers	2000	6:50.99	Jennifer Parks	2008	6:55.19
800/1000 free	Jennifer Parks	2009	16:02.75	Jennifer Parks	2008	13:51.71	Jennifer Parks	2009	14:07.58
1500/1650 free	Jennifer Parks	2009	26:30.39	Jennifer Parks	2008	26:03.50	Jennifer Parks	2008	26:56.91
50 back	Beverly Myers	2000	:41.85	Beverly Myers	2000	:46.45	Beverly Myers	2000	:45.33
100 back	Beverly Myers	2002	1:31.86	Beverly Myers	2000	1:38.21	Beverly Myers	2002	1:42.39
200 back	Beverly Myers	2002	3:17.14	Beverly Myers	2000	3:38.01	Beverly Myers	2000	3:40.96
50 brst	Beverly Myers	2000	:44.36	Beverly Myers	2000	:49.26	Beverly Myers	2000	:49.41
100 brst	Beverly Myers	2002	1:39.31	Beverly Myers	2000	1:47.21	Beverly Myers	2000	1:48.56
200 brst	Beverly Myers	2002	3:31.84	Beverly Myers	2000	3:48.88	Beverly Myers	2000	3:59.79
50 fly	Lois Nochman	1993	:40.07	Beverly Myers	2000	:45.96	Lois Nochman	1992	:44.88
100 fly	Lois Nochman	1994	1:39.28	Beverly Myers	2000	1:45.39	Lois Nochman	1991	1:50.65
200 fly	Lois Nochman	1991	3:32.54	Lois Nochman	1992	4:09.50	Lois Nochman	1991	4:13.21
100 IM	Beverly Myers	2000	1:29.22	Beverly Myers	2000	1:37.57			
200 IM	Beverly Myers	2002	3:14.80	Beverly Myers	2000	3:29.40	Beverly Myers	2000	3:34.96
400 IM	Lois Nochman	1991	7:22.42	Lois Nochman	1992	8:21.63	Lois Nochman	1991	8:38.34
WOMEN 70-74	Short Course Yards			Short Course Meters			Long Course Meters		
50 free	Shirley Dacey	2007	:37.89	Lois Nochman	1997	:43.20	Lois Nochman	1997	:42.99
100 free	Shirley Dacey	2007	1:25.66	Lois Nochman	1996	1:37.71	Lois Nochman	1998	1:40.85
200 free	Shirley Dacey	2007	3:06.18	Lois Nochman	1995	3:35.59	Lois Nochman	1996	3:42.43
400/500 free	Shirley Dacey	2007	8:28.43	Shirley Dacey	2007	7:21.77	Lois Nochman	1998	7:54.58
800/1000 free	Shirley Dacey	2007	17:33.99	Lois Nochman	1994	15:25.92	Lois Nochman	1996	15:57.53
1500/1650 free	Lois Nochman	1995	28:37.88	Lois Nochman	1994	29:06.49	Lois Nochman	1996	30:05.58
50 back	Shirley Dacey	2007	:44.71	Shirley Dacey	2007	:51.02	Lois Nochman	1996	:52.00
100 back	Shirley Dacey	2007	1:37.13	Shirley Dacey	2007	1:50.49	Lois Nochman	1996	1:55.08
200 back	Shirley Dacey	2007	3:26.27	Shirley Dacey	2007	3:51.92	Lois Nochman	1997	4:09.01
50 brst	Lois Nochman	1996	:47.87	Lois Nochman	1996	:53.59	Lois Nochman	1996	:55.45
100 brst	Lois Nochman	1996	1:48.44	Lois Nochman	1996	1:54.24	Lois Nochman	1996	2:01.85
200 brst	Lois Nochman	1996	3:49.80	Lois Nochman	1996	4:21.80	Lois Nochman	1996	4:29.85
50 fly	Lois Nochman	1995	:39.95	Lois Nochman	1996	:46.05	Lois Nochman	1995	:45.48
100 fly	Lois Nochman	1995	1:39.32	Lois Nochman	1994	1:54.16	Lois Nochman	1995	1:52.31
200 fly	Lois Nochman	1995	3:41.61	Lois Nochman	1998	4:05.29	Lois Nochman	1995	4:16.68
100 IM	Lois Nochman	1996	1:35.57	Lois Nochman	1996	1:48.40			
200 IM	Lois Nochman	1996	3:32.25	Lois Nochman	1994	3:57.49	Lois Nochman	1995	4:08.22
400 IM	Lois Nochman	1995	7:31.72	Lois Nochman	1994	8:22.17	Lois Nochman	1997	8:42.20
WOMEN 75-79	Short Course Yards			Short Course Meters			Long Course Meters		
50 free	Lois Nochman	2000	:41.16	Lois Nochman	2000	:43.06	Lois Nochman	1999	:45.06
100 free	Lois Nochman	2000	1:31.70	Lois Nochman	1999	1:45.05	Lois Nochman	1999	1:42.18
200 free	Lois Nochman	2002	3:24.43	Lois Nochman	2001	3:49.77	Lois Nochman	1999	3:46.47
400/500 free	Lois Nochman	2000	8:40.57	Lois Nochman	2000	7:50.82	Lois Nochman	1999	7:54.20
800/1000 free	Lois Nochman	2000	17:54.89	Lois Nochman	1999	16:21.10	Lois Nochman	2000	15:55.70
1500/1650 free	Lois Nochman	2002	29:56.31	Lois Nochman	2000	30:22.36	Lois Nochman	2000	30:03.87
50 back	Lois Nochman	1999	:46.92	Lois Nochman	2001	:52.94	Lois Nochman	2001	:55.79
100 back	Lois Nochman	2000	1:48.58	Lois Nochman	1999	1:54.99	Lois Nochman	2000	2:00.78
200 back	Lois Nochman	2000	3:47.57	Lois Nochman	2000	4:17.04	Lois Nochman	1999	4:13.96
50 brst	Lois Nochman	2000	:51.21	Lois Nochman	2000	:56.87	Lois Nochman	2001	:59.70
100 brst	Lois Nochman	2000	1:54.72	Lois Nochman	1999	2:09.52	Lois Nochman	2000	2:11.70
200 brst	Lois Nochman	2000	4:09.60	Lois Nochman	2000	4:25.76	Lois Nochman	1999	4:47.37
50 fly	Lois Nochman	2000	:42.06	Lois Nochman	1999	:47.88	Lois Nochman	1999	:47.86
100 fly	Lois Nochman	2000	1:40.13	Lois Nochman	1999	1:56.42	Lois Nochman	1999	1:56.92
200 fly	Lois Nochman	2000	3:41.89	Lois Nochman	1999	4:08.39	Lois Nochman	1999	4:19.81
100 IM	Lois Nochman	2000	1:41.96	Lois Nochman	2000	1:49.60			
200 IM	Lois Nochman	2000	3:45.27	Lois Nochman	1999	4:08.84	Lois Nochman	1999	4:08.03
400 IM	Lois Nochman	2000	7:44.85	Lois Nochman	1999	8:30.82	Lois Nochman	1999	8:59.25

