

24TH



&



Annual GRIN FALL CLASSIC

GRreater INdiana Masters Swimming (SCM) October 25-26, 2008

Sanctioned by GRIN for USMS, Inc. Sanction Number: 168 S 14

Facility/Location: The IU Natatorium, "World's Fastest Pool," 901 W. New York St, Indianapolis 46202. The pool will be divided into two 25-meter courses for competition and warm-up. Parking is available in the adjacent garage.

Meet Conduct: 2008 USMS Rules will govern conduct of this short-course meters meet.

Warm-up/cool down:

Saturday October 25: Warm-up starts 9 AM EDT. Competition starts at 10 AM.

Sunday October 26: Warm-up starts at 8 AM EDT. Competition starts at 9 AM.

After the 800m and 1500m Free there will be a 20-minute warm-up with sprinting in designated lanes.

Eligibility: All swimmers must be registered with USMS (proof required).

Age Groups: Individual Events: 18-24, 25-29, 30-34, 35-39, , etc. in 5-year increments.
Relay Events: 72-99, 100-119, 120-159, 160-199, etc. in 40-year increments.

Swimmer's age is determined as of 12/31/08.

Seeding: All events will be timed finals. Swimmers will be seeded on basis of submitted times regardless of age. Men and Women may be seeded together. Entrants submitting "no time" may be placed in the slowest heat for that event. Heats will be swum from slow to fast.

Heats: Heat sheets will be posted around the deck.

Records: Swimmers attempting to set records during the meet should notify the Referee to assure that three official timers will be present.

Online entries: Available at www.TYRGrandPrix.com. Deadline is: Oct. 17, 2008.

Paper entries: information on bottom of entry. Paper entry deadline is: Oct. 13, 2008.

Awards: Ribbons will be given for 1st through 6th place. No awards for relays.

Relays: Relay cards may be obtained at the relay card pick-up table. Payment for relays must be submitted with the relay cards. **\$4 per relay** – cash or check. **NO REFUNDS.**

Entry Fee: \$40 flat fee if received by Oct.13/17 (max. 10 individual events: 5 events on Sat.; 5 events on Sun.). \$50 after Oct 17th for deck entry (closes 30 min before end of warm up.)
One Entry Fee covers both days.

Relay entries/cards are due at the beginning of the event prior to the relay except for the 400 Medley relay which will be due by the conclusion of the 800 Free and the 400 Free Relay which will be due by the conclusion of the 1500 Free.



&



CIRCLE YOUR EVENT NUMBER AND INDICATE YOUR SEED TIME:

Saturday Oct 25, 2008: Warm-up starts at 9 AM; meet starts at 10 AM (EDT).

Women Men Event (Short Course Meters) Seed Time

- 1 2 800 FREE Min. _____ sec _____.
- 20 minute break for warm-ups, starts and turns -----
- 3 4 400 MEDLEY RELAY Deck Enter Only
- 5 6 200 FREE Min. _____ sec _____.
- 7 8 50 BACK Min. _____ sec _____.
- 9 10 100 FLY Min. _____ sec _____.
- 11 12 200 BREAST Min. _____ sec _____.
- 13 14 800 FREE RELAY Deck Enter Only
- 15 16 50 FREE Min. _____ sec _____.
- 17 18 400 IM Min. _____ sec _____.
- 19 20 50 FLY Min. _____ sec _____.
- 21 22 200 BACK Min. _____ sec _____.
- 23 24 200 FREE RELAY (Deck Enter Only)
- 25 26 200 MIXED MEDLEY RELAY (Deck Enter Only)

Sunday Oct 26, 2008: Warm-up starts at 8 AM; meet starts at 9 AM (EDT)

Women Men Event (Short Course Meters) Seed Time

- 27 28 1500 FREE Min. _____ sec _____.
- 20 minute break for warm-ups, starts and turns -----
- 29 30 400 FREE RELAY (Deck Enter Only)
- 31 32 200 IM Min. _____ sec _____.
- 33 34 100 BACK Min. _____ sec _____.
- 35 36 200 FLY Min. _____ sec _____.
- 37 38 100 BREAST Min. _____ sec _____.
- 39 40 400 FREE Min. _____ sec _____.
- 41 42 100 IM Min. _____ sec _____.
- 43 44 50 BREAST Min. _____ sec _____.
- 45 46 100 FREE Min. _____ sec _____.
- 47 48 200 MEDLEY RELAY (Deck Enter Only)
- 49 50 200 MIXED FREE RELAY (Deck Enter Only)

\$40 Entry Fee (by Oct 13/17)

\$50 Entry Fee (All other)

Name (First & Last): _____ 2008-USMS # (attach copy).
Street: _____ City: _____ State: _____
____ Zip: _____ Gender: M or F Birth Date: ____/____/____ Age on Dec. 31,
2008: _____ Phone: () _____ TEAM: _____

I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician, I acknowledge that I am aware of all the risks inherent in Masters Swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING; UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS. Date _____ Signature _____

Paper Entries: Include a check payable to GRIN, your signed entry and a copy of your USMS card and mail it to : Cheryl Gettelfinger, 505 Lexington Blvd, Carmel, IN 46032. Contact Cheryl at cgettelfinger@earthlink.net regarding entry questions. All other questions, please e-mail Kris Houchens, meet director, at krishouchens@hotmail.com.