

TRAVERSE BAY OPEN WATER CHALLENGE 2009

Hosted by: Traverse City Swim Club
Traverse City, Michigan

Saturday Morning, August 8, 2009

Sanction: Event #4 [the 8:45 AM One Mile **Masters** event] and Event #6 [the 10:15 AM Two Mile Masters event] are Sanctioned by the Michigan Masters Swimming LMSC as an Open Water Swim Meet on behalf of United States Masters Swimming. (Sanction #199-001OW).

Events #1,2, 3 and 5 are Sanctioned by the Michigan Swimming, Inc LSC as an Open Water Swim Meet on behalf of USA Swimming (Sanction # MI0809053).

Location: Grand Traverse West Bay. All events will start and end at Bryant Park which is located at the corner of Garfield Ave. and Peninsula Drive.
A map to the park can be found at www.tcbreakers.com

Parking: Additional parking will be available at Bethlehem Lutheran Church located directly across from Bryant Park at 1050 Peninsula Drive.

Times: You must check-in at least 45 minutes prior to the start of race.

Event 1	8:00 a.m.	.5 mile race	(USA 10 & under)
Event 2	8:00a.m.	1 mile race	(USA 11-12 Year Old)
Event 3	8:00 a.m.	1.5 mile race	(USA 13-14 year old)
Event 4	8:45 a.m.	1 mile race	(Masters only 19 & over)
Event 5	9:30 a.m.	2 mile race	(USA 15-18 year old)
Event 6	10:15a.m.	2 mile race	(Masters only 19 & over)

Wet suits may be worn but will be scored in the wet suit division.

Motels: ** Note that this is peak tourist season in TC! Motels can be difficult to book!
For more information visit the Traverse City Convention and Visitors Bureau:
<http://www.visittraversecity.com/>

Bayshore Resort 1-800-634-4401
883 E. Front Street
Traverse City, MI 49686

Days Inn and Suites 231-941-0208
420 Munson Ave.
Traverse City, MI 49686

Meet

Format: This is an Open Water Event which offers six events ranging from 0.5 miles to 2 miles in length. *You must swim your own age group and swim the event distance listed for your age group.* It is not a gender specific meet – boys and girls/men and women in the same age group swim in the same event. There are no qualifying times – all swimmers are entered without a seed time/NT. All races will begin and finish on the shore at Bryant Park. Swimmers will need to run across a start and finish line to record exact times. All participants will be allowed to finish his/her distance regardless of time unless a safety issue exists in the judgment of the Meet Referee or Meet Director. Every swimmer must wear the cap provided at the race through the entire race. No flotation devices will be allowed.

Eligibility: 1) If you intend to compete in Event #4 & 6 (the One & Two Mile races are for 19 years and over) you must be a currently registered United States **Masters** athlete. As an alternative to annual USMS memberships, USMS **Single Meet** OW athlete registration forms will be available on race day for a cost of \$14 (this is in addition of the event entry fee). A current USA Swimming membership will not suffice to compete in Event #4 or #6 – if you are 19 and over, you must be a currently registered Masters athlete to compete in Event #4 or #6.

2) You must be currently registered with USA Swimming to compete in Events 1, 2, 3 and 5. This includes an Annual or Seasonal membership. As an alternative to the full USA Swimming memberships, you may register on race day as a USA **Single Meet** OW Athlete for a cost of \$14 (this is in addition of the event entry fee). USA Swimming Single Meet OW athlete registration forms will be available at the meet.

Questions concerning obtaining annual or seasonal USA/MS memberships should be directed [sufficiently in advance of race day] to your USA Swim Coach or the Michigan Swimming Office c/o Jan Cartmill, <mailto:jbcartmill@hughes.net>

3) In all cases, unless you intend to purchase a Single Meet OW membership at the meet, it is highly recommended that you bring your current 2009 USA or USMS Athlete card to the meet in case a question of your current registration status arises.

12 and

Unders: Swimmers 11 and 12 years old must obtain a signature from his/her USA swim coach prior to the race to show that he/she is capable of completing the **1.0** mile race. Swimmers 10 and Under must also obtain a signature from his/her USA swim coach prior to the race to show that he/she is capable of completing the **0.5** mile race. Use the provided Form on page 6 and mail it to the entry chair. If you are swimming USA unattached, in lieu of a Coaches signature, a parents signature is required.

Entry

Limits: Each athlete may swim one event in their designated age group.

Entry

Fees: Each event is \$25.00 if received by the entry deadline of Saturday, July 25, 2009 at 11:59 P.M. Please make all checks payable to TCSC.

Deck

Entry: Deck entries accepted are accepted on race day until 30 minutes prior to the start of your event. Deck entries are \$35.00.

Entry

Deadline: The entry deadline for electronic and paper entries is **Saturday, July 25, 2009** at 11:59 P.M. After July 25, 2009, you must enter on race day using the deck entry method.

Entry

Chair: Susan K. Cover
8181 East Shore Road
Traverse City, Mi. 49686
Cell 231-645-5019 Please no calls after 9 PM.
skcover@chartermi.net

Entry

Procedures: There are two methods for entering this meet by July 25, 2009.

1) Electronic Club entry by USA/USMS Coaches or Club Entry Chair:
The Hy Tek Event Entry file is available on Michigan Swimming website, www.uss-michigan.com. If you use this method, it is greatly preferred that your entered athletes are currently registered USA or USMS athletes. If they are not and they plan on purchasing the Single Meet OW Registration on race day, please send an email listing these unregistered athletes to: skcover@chartermi.net. Send your Hy Tek Entry to: skcover@chartermi.net

2) Paper Entry: Send Paper Entry form on page 6 with payment to:
(Mail the entry in time so it is received by July 25, 2009):

Traverse Bay Open Water Challenge 2009

c/o Susan K. Cover
8181 East Shore Rd.
Traverse City, MI 49686

**Entry
Waiver &
Release**

In granting this Sanction it is understood and agreed and by virtue of the athletes entry into this event that USA Swimming, United States Masters Swimming, Michigan Swimming, Inc., Michigan Masters Swimming and Traverse City Swim Club and all their agents and volunteers shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event. By virtue of the athletes entry, the athlete understands that he/she is aware of the risks inherently involved in Open Water Swimming and further certifies that he/she is physically fit to participate in the event.

Refunds: Once an entry has been received by the entry chair, there are no refunds, this includes inclement weather cancellations.

Check In: Check in will be available beginning at 6:30 a.m. on race day. You must Check in at least 45 minutes prior to your scheduled race time. Swimmers will need to pick up packets, be marked for the timing system, and be present for rules explanation and participation line-up.

Deck

Entries: Deck entries will be allowed until 30 minutes prior to the beginning of each race for \$35.

Scoring: No individual or team scoring will be kept.

**Meet
Programs/**

Admission: There are no meet programs. There are no admission fees to Bryant Park.

Awards: Ribbons will be awarded to all participants. Medals will be awarded to the top 4 male and top 4 female finishers in each age group.

Results: Complete meet results will be posted on the Michigan Swimming website at www.uss-michigan.com and at the Michigan Masters website www.michiganmasters.com following the meet.

Swimming

Safety: As in all Open Water events, safety is paramount. All athletes must remain within the marked warm up and competition areas at all times. Warm ups will be allowed in a designated area near the shore, but off to the side of the race venue. Swimmers must observe caution at all times while swimming in open water. This is a public beach. Meet Patrol vehicles will assure no public boat traffic within the warm up or race venues. Lifeguards will be present for the participants during the race. First aid stations and flotation devices will be placed with lifeguards through out the course as well as on shore.

**Swimmers
with**

Disabilities: All swimmers are encouraged to participate. If any of your swimmers have special needs or requests, please indicate them on the entry form and with the Clerk of Course and the Meet Referee during warm-ups.

Facility

Items: Please help us to keep the beach clean by picking up litter and taking home all personal belongings. Pursuant to applicable Michigan law, no glass will be allowed on the beach. Permanent restrooms are located on premises.

Meet Director: Susan K. Cover, Cell 231-645-5019, skcover@chartermi.net

Meet Referee: Scott Appleyard, Phone 269-383-0343

Safety Marshall: Brad Waddell,

PAPER ENTRY FORM
TRAVERSE BAY OPEN WATER CHALLENGE
August 8, 2009

Name: _____

Address: _____

City/State: _____

Zip Code: _____

Phone #: _____

Email (Optional): _____

USA or USMS ID #: _____

D.O.B.: _____

Age on Race Day: _____

Event Entered: (Event # and Distance):

[] Check here if you plan to purchase a **Single Meet OW Membership** on Race Day.

If Athlete is age 12 or Under:

"I have witnessed the above athlete swim and I believe that he/she is completely capable of participating in and completing the designated distance of ½ mile for 10 and Unders and 1 mile for 11/12 year olds."

Signature of USA Coach or Parent/Guardian

**TRAVERSE BAY OPEN WATER CHALLENGE 2009
APPAREL ORDER FORM**

Swimmers Name: _____

Team Name: _____

Phone Number:(____) _____

E-Mail: _____

QuickTime™ and a
TIFF (LZW) decompressor
are needed to see this picture.

APPAREL: YL AS AM AL AXL A2X

Short Sleeve T-SHIRT \$15.00

Long Sleeve T-SHIRT \$22.00

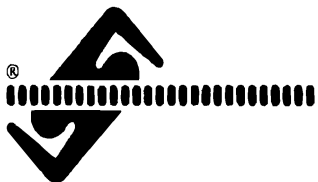
TOTAL \$ _____

CHECK # _____

1. Print and complete order form.
2. Attach check payable to **TRAVERSE CITY SWIM CLUB**
3. **Mail completed order form and check to:**
Susan K. Cover
TBOWC 2009
8181 East Shore Road
Traverse City, Michigan 49686

Order Forms and Payment must be received by **July 25, 2009.**

A limited number of long sleeve t-shirts will be available for purchase at the meet.
Apparel will be distributed at the meet.



2009 One Day Membership Application

___ Renewal – my last USMS number was _____
 ___ New registration

Register with the same name you will use for competition. Please print clearly.

Last Name		First Name		MI
Street Address				
City/State/Zip			Phone	
Date of Birth (mm/dd/yy)	Age	Sex (circle) M F	E-mail address	
Club Name or unattached			Today's Date (required)	

WAIVER: I the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters swimming (training and competition) including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS.

Signature (required): _____

_____ I wish to contribute \$_____ to the Michigan Masters Education Endowment. I have added this amount to my 2009 registration fees.

_____ I wish to contribute \$_____ to the International Swimming Hall of Fame Foundation. I have added this amount to my 2009 registration fees.

_____ I wish to contribute \$_____ to the United States Masters Swimming Foundation. I have added this amount to my 2009 registration fees.

2009 Yearly Fees & effective date	
11/1/08 to 12/31/09	
USMS fee	\$10.00
LMSC fee	\$4.00
Total Fee	\$14.00

USMS Registered swimmers are covered with secondary accident insurance:

- 1) in practices supervised by a USMS member or USA Swimming certified coach where all swimmers are USMS registered.
- 2) in USMS sanctioned meets where all competitors are USMS registered.

Please allow 2 weeks processing time.

Make check for total fees plus any donation amounts payable to: Michigan Masters

**Mail check and completed form to: Jill Cooper
 3876 140th Ave.
 Holland, Michigan 49424**

Visit: www.michiganmasters.com

