

Masters in Meters at Mason

Sunday October 23rd, 2011

All proceeds from this meet will go towards operating expenses for Mason High School Swimming and Diving Teams.

USMS sanctioned # 1910-0012S

Facility/Location: Mason High School Natatorium is located at 1001 S. Barnes St. Mason, MI 48854. The pool has 8 lanes in meters with Colorado Timing System and will have continuous full-lane warm up/cool down available. The majority of each lane is 7 feet or deeper water. There is plenty of parking and seating for spectators. We have four locker rooms so there is ample space available; Mason is not responsible for lost or stolen items, so please bring a lock. The deck is bright and spacious with several risers for athlete seating.

Meet Conduct: 2010 USMS Rules will govern conduct of this short-course meters meet.

Eligibility: All swimmers must be registered with USMS (proof required). A Photocopy of your 2010 Membership should accompany your entry. If you're not currently a member, you can join online at <http://registration.usms.org/>
Swimmer's age is determined as of 12/31/11.

Records: Swimmers attempting to set records during the meet should notify the Referee to assure that three official timers will be present.

Seeding & Heats: All events will be timed finals. Swimmers will be seeded on basis of submitted times regardless of age. Men and Women will be seeded together. Entrants submitting "no time" may be placed in the slowest heat for that event. Heats will be swum from slow to fast. Heat sheets will be posted around the deck.

Entries: The entry form is on the following page. Paper entry deadline is: Oct. 20, 2011. Entries post marked by October 14, 2010 or received by fax or email by October 20 are \$25 while deck entries are \$30. Checks should be made payable to **Mason Swim & Dive**. A photocopy of membership and fees can be mailed with entry to: **Connie Cantrell, Mason High School, 1001 S. Barnes St., Mason, MI 48854** or faxed Attn: Connie Cantrell at 517-244-1600. Entry fees will be due at check-in for faxed entries. Each competitor may enter a maximum of **5 individual events**. **Questions?** Email ccantrel@mason.k12.mi.us Entries in the 1500 will be limited to one heat or run in conjunction with the 800 free and 400 IM. We will be limited to four heats combine, but with 8 lanes I think we can get everyone in whom wants to swim these events (First come first serve as always). If there are any issues, the affected swimmers will be contacted.

Awards: Ribbons will be given for 1st through 3rd place in individual events. **Lunch will be provided by the Mason Swim & Dive Teams and is included in your entry fee. (This is part of the awards, right?)**

Relays: Relay cards may be obtained at the relay card pick-up table. Relay entries/cards are due at the beginning of two events prior to the relay.

Directions: From US 96 take US 127 **Southbound** -- Exit Kipp Rd. Turn left. Drive through two lights, over rail road tracks, and take next left on to Barnes Street. The High School will be on your right. Turn in to the 2nd or 3rd drive and go behind the building on the North side. There is some parking there by the Aquatics entrance with additional space in the front and south lots.

Masters in Meters at Mason

Name _____

E-Mail _____

Address _____

Date of Birth _____

City: _____ Zip _____

Sex: *M* or *F* Age: _____

Event #	Session One Warm up 8:00 Events 8:40 am	Seed Time in Meters
1	1500 Freestyle	
2	800 Freestyle	
3	400 IM	
	Session Two Warm-up 9:30 Events 10:30 am Or beginning when session one has completed(maybe slightly later to allow for warm-up time)	

Phone: (____) _____

USMS# _____

4	400 Medley Relay	Deck Entry by 10am
5	200 Free Relay	Deck Entry by 10am
6	100 IM	
7	200 Freestyle	
8	50 Butterfly	
9	100 Backstroke	
10	200 Breaststroke	
11	50 Freestyle	
12	200 IM	
	15 Minute Intermission	
13	200 Medley Relay	Deck Entry by 200 IM please
14	100 Butterfly	
15	200 Backstroke	
16	50 Breaststroke	
17	100 Freestyle	
18	200 Butterfly	
19	50 Backstroke	
20	100 Breaststroke	
21	400 Free Relay	Deck Entry
22	400 Free	
23	800 Free Relay	Deck Entry

MAILED OR FAXED ENTRIES MUST BE RECEIVED BY OCTOBER 20TH

I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters swimming (training and competition), including possible, permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHT TO CLAIMS FOR LOSS OR DAMAGE, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS. (Rulebook article 203.1)

Signature: _____ Date: _____

Emergency Contact (a person who is available during the meet)

Name- _____ Phone # (____) _____ - _____