



Thunder Bay, Lake Huron Open Water Swim

**What:**

Two Events: One Mile Open Water Swim OR a Half (1/2) Mile Shallow Water, Shoreline Swim!

Where:

Starlite Beach, Alpena, MI, in Thunder Bay, Lake Huron. Our summer weather is gorgeous!

When:

Saturday, August 18, 2007. Half (1/2) Mile Swim begins at 10am. One (1) Mile swim begins at 11:00 a.m. Race day registration begins at 8:30 a.m. and ends at 9:30 a.m.

Registration and Cost:

Pre-registration begins May 1, and closes Friday August 10. **Pre-registration** event fee is \$25, or \$20 for Student Rate (*must provide Student ID at event day at Registration Tent*). All entries must be postmarked by Friday, August 10. Registration is available at www.signmeupsports.com, using a credit or debit card. Online registration will close August 10. **Onsite registration** will be available from 8:30 a.m. to 9:30 a.m. at a cost of \$40 regardless of age. *****CHANGE THIS YEAR: T-shirts NOT included with registration fee. T-shirts are available for sale at \$10 each - must be ordered with Pre-Registration.*****

Event Info:

Water Temperature averages 67 degrees - Wetsuits are STRONGLY encouraged. Event begins and ends at Starlite Beach. Course will be monitored by boats, kayaks, and paddleboards. Public safety personnel will be present. Cut-off time in force for 1 mile swim.

Awards and Prizes:

Awards will include overall female and male winner trophies, and age group medals (top three per age group). Participant ribbons to all. All registrants will receive swim cap which MUST be worn during event participation. Juice, bottled water and fruit provided. Award ceremony begins following completion of the One Mile Open Water Swim.

Event Contact:

Clint Bohlen, email clintbohlen@hotmail.com, 989-354-9103. Event sponsored by Friends of Plaza Pool.

Registration Mail Address:

Make check to: "Friends of Plaza Pool" and mail to Friends of Plaza Pool, c/o: Clint Bohlen, 209 Lewis Street, Alpena, Michigan, 49707, or register online at www.signmeupsports.com.

*All event profits benefit the capital development needs of Alpena Plaza Pool,
the only public pool in four counties*

Event Sponsor and Host: Friends of Plaza Pool

THUNDER BAY OPEN WATER SWIM

ENTRY FORM

"I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in a one mile or half mile open water swim, including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE 2007 THUNDER BAY ONE MILE OR HALF MILE OPEN WATER SWIM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: FRIENDS OF THE PLAZA POOL, THE CITY OF ALPENA, THE COUNTY OF ALPENA, THE STATE OF MICHIGAN DEPARTMENT OF NATURAL RESOURCES, THE UNITED STATES COAST GUARD OR ITS AUXILARY, AND ANY OF THEIR AGENTS, OFFICERS, APPOINTEES OR EMPLOYEES, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING OR ASSISTING WITH THE EVENT OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of event. Finally, I specifically acknowledge that I am aware of all the risks inherent in open water swimming and agree to assume those risks."

SIGNATURE: _____ DATE: _____

PARENT SIGNATURE: (if entrant under 18 years of age): _____

All information is kept confidential!

PRINT LEGIBLY!

All information is kept confidential!

NAME: _____ AGE ON RACE DAY: _____

BIRTHDATE: _____ / _____ / _____ GENDER (check one): Female__ Male__
Month Day Year

Registering for (check one): Half Mile Swim__ One Mile Swim__

Your MAILING ADDRESS: _____ PHONE: (____) _____ - _____

CITY: _____ ZIP: _____ EMAIL: _____

T-Shirt Additional Cost: \$10 T-SHIRT SIZE (check one): Small__ Medium__ Large__ XL__ XXL__

WEARING WETSUIT (Check One - average water temperature is 67 degrees)? YES__ NO__

AGE GROUP SELECTION (check one):

10-13__ 14-16__ 17-19__ 20-24__ 25-29__ 30-34__ 35-39__ 40-44__ 45-49__ 50-54__ 55-59__
60-64__ 65-69__ 70-74__ 75-79__ 80-85__ 86+__

PRE-REGISTRATION FEE: (Check One) \$25 Standard Fee__ \$20 Student Rate (must provide ID)__

Make checks payable to the "FRIENDS OF PLAZA POOL"

MAIL THIS COMPLETED ENTRY FORM + FEE

NO LATER THAN AUGUST 10, 2007 TO:

Friends of Plaza Pool, c/o: Clint Bohlen, 209 Lewis Street, Alpena, Michigan 49707

OR REGISTER ONLINE AT WWW.SIGNMEUPSPO RTS.COM beginning May 1, 2007!

*Registration after August 10, 2007 will be considered late,
and an additional \$15 will be due. NO EXCEPTIONS!*